

## CARE, DARE, SHARE 9<sup>th</sup> and 10<sup>th</sup> of July 2022

A very small, outdoor and private interactive in-person workshop in Gorenjska region, Brezje pri Tržiču, Slovenia. Coordinates - 46.360219849505846, 14.2771028106487

Connect with other parents and kids, receive support, share your experience with us and get expert guidance from our coaches and teachers. We mainly focus on **positive guidance strategies** and go through few bonus topics:

- Anger management
- Limit setting boundaries
- Building self-esteem and social skills

We spend two days together and we touch the topics written above. The first day is filled with lots and lots of interaction with priority on parents and parents-kids. Then second day comes and parents are off to explore the mountains and lakes nearby so the kids can enjoy the fun activities with us.

Our intention is to help parents to raise consciousness and to help kids to connect with their own true self.

### PROGRAM

9 <sup>th</sup> of July	10 <sup>th</sup> of July
09.00 - Welcome gathering	09.00 - 10.00 - Workshop parents and kids
10.00 - 12.30 - Workshop parents and kids	10.00 - 13.00 - Workshop kids
12.30 - 13.00 - Getting to know each other	13.00 - 14.00 - Lunch
13.00 - 14.30 - Lunch	14.00 - 16.00 - Workshop kids
14.30 - 18.30 - Workshop parents	16.00 - 18.30 - Workshop parents and kids

18.30 - Goodbye

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